

The Rosedale

Tattler



Steak Roast Dinner

September 14, 2018



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The Rosedale Tattler is a publication of the North Rosedale Park Civic Association. Established in 1924, the North Rosedale Park Civic Association is a community organization that promotes the interests and welfare of North Rosedale Park residents, maintains park facilities for community use, advocates for necessary public improvements, and enforces building restrictions and ordinances within North Rosedale Park.

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VICE PRESIDENT: Marsha Bruhn • marshabruhn@yahoo.com • 313-400-1192

PAST PRESIDENT: Tamara Kamara • tamara@nrpca.org

DIRECTORS:

Christopher Krupa • Christopher.krupa@yahoo.com • 248-515-8191

Walter Nelson • walter@nrpca.org

Tracey Matlock • traceymatlock@yahoo.com • 313-399-5374

Theresa Glenn • tagstaxes129llc@gmail.com • 313-463-8943

James Martin • james@nrpca.org • 313-410-9224

Susan Steigerwalt • susan@nrpca.com • 313-549-9523

Billie Newsome • Billie6000@aol.com • 313-618-0836

Adriane Henry • adriane@nrpca.org • 313-670-3399

TREASURER

John Gumbel • TreasurerNRPCA@gmail.com • 313-531-5817

MEMBERSHIP SECRETARY

Chelsea Neblett • chelsea@nrpca.org • 734-323-2487

CORRESPONDING SECRETARY

Marcia Bonner • marcia@nrpca.org

RECORDING SECRETARY

BrieAnn Bell • briann@nrpca.org

BLDG. MANAGER

Deena Policicchio • rentals@nrpca.org • 313-837-3416

PROGRAM MANAGER

Gloria Goodwine • nrpcaprograms@gmail.com • 313-971-3990

ADVERTISING COORDINATOR

BrieAnn Bell • briannbell@gmail.com

TATTLER EDITOR

Kimberly Dorsey • kimberly@nrpca.org • 313-595-2060

TECHNICAL SUPPORT

Dexter Slusarski • dexter@nrpca.org

DMC

**Sinai-Grace
Hospital**

Leading *Health*. Care.

San Bernardo Park Association
Community Health Fair and Meet and Greet

Saturday, August 4

12:00 - 3:00 p.m.

Corner of Whitcomb Street and 20045 James Couzens Fwy

Sinai-Grace Hospital will be conducting FREE blood pressure, glucose and cholesterol screenings. The event will also include refreshments, family entertainment and live music.

To register for the health screening, please call 313-652-0139.
Health screening registration will also be available on August 4.

PIANO & GUITAR LESSONS

For the Young and the Not-so-young

313-255-1627

NORTH ROSEDALE PARK CIVIC ASSOCIATION MEMBERSHIP APPLICATION 2018

Name(s) (adults in household) _____

Address _____

Phone Number _____

Email _____

2018 MEMBERSHIP DUES RATE

RESIDENT	\$75
NON-RESIDENT	\$60
BUSINESS	\$60

ENCLOSED IS \$_____ IN PAYMENT FOR DUES FOR THE
YEAR ENDING IN **DECEMBER 31, 2018.**

ADDITIONAL DONATION ENCLOSED \$_____.

Make checks payable to:
North Rosedale Park Civic Association or NRPCA

Mail dues to:
Membership Secretary
18445 Scarsdale, Detroit MI 48223-1333

The NRPCA is now a 501(c)(3) charitable organization. Contributions and dues payments to the NRPCA are tax deductible under state and federal tax laws.

You can also pay online at www.nrpca.org

Thank you for your support!

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- Landscape Installation
- Sprinkler System

Tree & Shrub Care

- Removal & Trimming
- Deep Root Fertilizing
- Micro-Injection
- Stump Grinding

Letter from the President

Greetings, neighbors.

Hope the “Dog Days of Summer” find you doing well and keeping cool.

By now you may have heard that our Community House renovation efforts have been further supported with a \$150,000 grant from the State of Michigan to help us renovate our kitchen and transform it into a commercial kitchen that can be rented by food entrepreneurs and used for cooking -- not just warming-- for NRPCA events. Please note that this is a separate grant from the \$150,000 Kresge grant, which will be used to upgrade/renovate the playscape, baseball diamond and soccer fields. The State of Michigan grant was obtained through the efforts of our State Senator David Knezek and State Representative Sherry Gay-Dagnogo. Over a year of planning by the Kitchen Renovation Committee made up of Cheryl Buswell, Tess Tchou, and Deena Policicchio put together a solid kitchen renovation plan and allowed us to present a well-researched proposal identifying the various needs of the kitchen and supporting a detailed request for funding. In addition, Marsha Bruhn put together a group to meet with the Senator Knezek and the head of the State Senate Appropriations Committee to make a broad presentation supporting our grant request. The presentation group included Marsha, myself, Ian Watts, Sherita Smith, the executive director of GRDC, and Alex Derdelakos a Rosedale Park resident. It was a team effort and worked out very well. Current expectations are to have the construction on the renovations start in January and be done early next year. It will be a great thing to have a fully usable kitchen in the Community House again.



I want to give some overdue recognition to a couple of long serving Community House employees who chose 2018 to retire. Needless to say, the NRPCA is often seen through the actions of its various representatives, whether they are members, volunteers or employees. We have been very fortunate to have some very reliable and competent employees to help us operate the community house. First, I want to recognize our security guard of over 10 years, Charles Kimball. Mr. Kimball was our primary security guard for all those years. That means that he would often be spending much of his Friday, Saturday and Sundays in the community house parking lot, guiding people to parking spaces, helping people and keeping order. He was the face of the community house for many of our members and guests and we are lucky to have had him for so long. He was totally reliable and represented everything you want in a security guard – he had a friendly but not to be ignored presence about him and was somebody who could maintain order without being oppressive or combative. We all owe him many thanks for helping maintain a sense of security around our community house for so many years.

Similarly, we have all been well served by one of our House Representatives, Claretha “Candy” Doggan, who served for approximately 10 years. Our House Reps have the often-thankless task of being the NRPCA representative on site in the Community House during a rental. Their job is to assist the renter with the operations of the Community House while making sure that the renter complies with our rules and regulations and has a good time without endangering the physical integrity of the Community House or the safety of the guests. Naturally, this is an assignment that frequently takes a good deal of tact and diplomacy to enforce the rules without alienating the renter. Candy was particularly good at walking that fine line and many renters found her to be a helpful presence rather than a burden. Candy was so good at her job that regular renters, such as the Rosedale Park Improvement Association (RPIA), would request her as the House Rep for their rentals. On behalf of the community I offer many thanks to Mr. Kimball and Ms. Doggan for their exemplary service. They, like most of our employees, are what make the community house a great place. We will miss their friendly and competent presence at our neighborhood’s center.

Upcoming Events. You may want to mark your calendar for the following events:

- **Rock/Pop/Jazz Concert at the Community House, Saturday, August 11 6 -10 PM** – Don’t miss this one! \$15 for almost 4 hours of live music. Get your tickets at Eventbrite.com – search for Rock Pop Jazz.
- **Annual Steak Roast** September 14 - always a great time, the neighborhood’s end of summer party.
- **Mystery Theatre** – **September 30** – a new and fun event if you like solving mysteries.
- **Dinner & Big Raffle – Saturday November 3 – Please save the date and plan to attend.**– You will have a great dinner, a lot of fun, and help us to continue to rehabilitate our community house

Hope to see you around the Park!

Bill Frey



Have you joined Nextdoor yet?

Meeting Announcement- NRPCA Board of Directors

Tuesday, August 14, 2018

6:30 p.m. – 9:00 p.m.

North Rosedale Park Community House

18445 Scarsdale, Detroit, MI 48223

North Rosedale Park Civic Association Board of Directors meetings are open to the public. If you would like to be added to the agenda email President Bill Frey at bill@nrpca.org.

Nextdoor has become a very useful tool to connect with neighbors regarding information happening around your community. From lost pets and wildlife sightings, to safety notices and “be on the lookout”, Nextdoor is our exclusive social page that helps you reach to your neighbors, fast!! To join Nextdoor, please email info@nrpca.org to be added to our exclusive page.



Family Movie Night with NRPCA

Mark your calendars, Movies in the Park is back. Family's are encouraged to bring chairs, blankets and sleeping bags. Concessions available.

August 9, September 20, October 18, and December 28.
North Rosedale Park Community House,
18445 Scarsdale, Detroit, MI 48223
Now Showing:



The Detroit Public Library on Wheels Is Coming!



The Library on Wheels is coming to the Community House! On Wednesdays this summer, June 27, July 25, and August 29 from 1 to 3 p.m. the Detroit Public Library's Library on Wheels will be at the Community House and playground.

They will have books for all ages. They will also have story readers AND they are looking for volunteers for each day to read even more stories.

Come one, come all.

In the meantime, don't forget to utilize the Community House's FREE Little Library near the playground. You can also donate books to the Community House and wonderful volunteers will stock it.



SUNDAY Brunch

12n-4p

Pick 3 \$10 KIDS UNDER 10 \$5
ADDITIONAL ITEMS \$2 (SERVED w/ GRILLED TOAST)

- Eggs (2) cooked your way • Grits
- Hashbrowns • Pancakes (3)
- Sausage (2 pork patties) (2 turkey links)
- Bacon (4 Slice) • Fruit Cup

OPTIONS

- Shrimps (3) \$6 • Wings (4) \$5
- Lamb Chops (3) \$9
- Pork Chops (2) \$5
- Steak Bites (1/2 lb) \$5
- Turkey Chops (2) \$6
- Catfish (1) \$3 • Omelette \$3

• \$5 Mimosa's -
OJ, Peach, Mango

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and Conversation*







Southfield Fwy construction underway

M-39 (Southfield Freeway)

CITIES AFFECTED:

Dearborn, Dearborn Heights, and Detroit

COMPLETION END DATE:

Late October 2018

PROJECT DETAILS:

The Michigan Department of Transportation (MDOT) is investing \$3.8 million to mill and resurface 6 miles of M-39 (Southfield Freeway) between Ford Road and McNichols Road. Work is already under way and includes concrete repair and replacement, asphalt work, and joint repairs

Project location: <https://bit.ly/2NMfHIk>

TRAFFIC DETAILS:

Work will be performed during off-peak hours, overnights and weekends when only one lane will be open; ramp closures may be required. All lanes will be open during morning and afternoon rush hours.

SAFETY BENEFITS:

Traffic safety will be improved with a smoother riding surface and improved drainage. Visit MDOT's Mi Drive traffic information website: www.michigan.gov/drive

www.twitter.com/MDOT_MetroDet | www.facebook.com/MichiganDOT | www.youtube.com/MichiganDOT



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August 2018 • Volume 93

MICHIGAN STATE UNIVERSITY | Extension Adults, Teens & Families

Michigan State University Extension health and nutrition programs are offered at no cost to participants. Each class series meets for 6 sessions once a week, *Starting August 15th Ending September 12th, Wednesdays at 6:30-7:45 at North Rosedale Park Community House, 18445 Scarsdale St. Det. 48223.* Classes are taught in a small group format. Lessons are interactive, because health matters MSUE nutrition programs strive to bring information to life centering on taking steps to making healthy eating and being more physically active as part of a total lifestyle.

Education topics include but are not limited to:

- ❖ Learning to eat healthy on a budget
- ❖ Choosing budget-friendly ingredients that are necessary to prepare healthy meals for families
- ❖ Learning about effects of sugar, sodium, and different types of fats
- ❖ Increasing physical activity and setting goals
- ❖ Discovering tips for reaching and maintaining a healthy weight
- ❖ Modifying a recipe to make it healthier
- ❖ Teaching cooking skills to help gain the knowledge and confidence participants need to prepare healthy meals and snacks
- ❖ Trying new foods through provided tastings



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Join Us
THIS AUGUST 2018

18TH IBEW
1358 Abbott St.
Detroit, MI 48226
Saturday, 10:30 am to 1 pm

21ST Gesu School
17139 Oak Dr.
Detroit, MI 48221
Tuesday, 5:30 pm to 8 pm

25TH Don Bosco Hall
19321 W Chicago,
Detroit, MI 48228
Saturday, 10:30 am to 1 pm

28TH Samaritan Center
5555 Conner St #2210,
Detroit, MI 48213
Tuesday, 5:30 pm to 8 pm

www.detroitmi.gov/sustainability
COURB.CO/DETROIT

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The City of Detroit's Office of Sustainability* has engaged thousands of Detroiters. Together we're creating a plan to make a healthier Detroit for generations to come.

*Sustainability is meeting the needs of our current generations without sacrificing the needs of future generations, through a focus on equity, environment, and economy.

During these community planning discussions we are unveiling portions of the agenda for real feedback and dialogue on how to best support Detroiters. Come to our Detroit Action Meeting and help mold the city's future.

Featuring:
GUEST SPEAKERS. WORKSHOPS. LIVE ART.





Rock? Pop? Jazz? PARK!!!

The SG Band:



Left to right: Luke Sittard (guitar), Lance Gulley (bass), Taylor Atkinson (drums)

If you have ever grooved to the Motown sound, sang the wrong words to a Steely Dan hit, danced to the mega-hits from Prince or Bruno Mars, played air guitar while listening to the master, Jimi Hendrix, swayed to the Blues classics of BB King, or bopped to the jazz stylings of Oscar Peterson, you will want to make sure you are there to witness Rock? Pop? Jazz? PARK!!! You'll get all that and so much more.

The SG Band will start the evening of with a lighthearted mix of Motown, classic rock and some recent pop hits. Then The Lance Gulley Trio will take control, delivering a solid old school jazz vibe. Close your eyes and you'll think you're listening to the old-heads that dominated the jazz scene back in the day. Open them and you'll wonder how these young men got to be so good.

Finally, you'll have a rare opportunity to see what happens when a group of young musical hotshots come together on the same stage, at the same time, for the first time ever. In between these acts, as the bands are setting up, you'll be treated to beautiful, skillfully played piano music, courtesy of North Rosedale Park's own Joshua Cooper.

Line Up

The Lance Gulley Trio:



Left to right: James Martin (bass), Andrew Martin (guitar), Leah Parent (vocals), Josh Campbell (keys, vocals), Jed Thibeault (drums)

Even though all these guys are in their teens, they are certainly not strangers to playing live in front of audiences of jazz purists. Intimidated? Nah. Impressed? Their audiences always are. Lance is a super confident musician and band leader who's skillful playing is only exceeded by his thirst for more knowledge about his instrument and the greats who have played it before him. Luke is an excellent complement to Lance, calmly and coolly playing some of the most complicated guitar riffs without breaking a sweat. Taylor is a solid and reliable drummer. He has extensive classical percussion training as well as some real piano chops. Come out and see these guys if for no other reason than to say, "I knew them when..." You'll need to see them quickly, too. Luke will be heading off to Michigan State University in the fall and Lance will be attending Interlochen Center for the Arts, the highly esteemed music

When North Rosedale Park meets Owosso, with a bit of California and Northern Michigan tossed in the mix, fun things happen. James and Leah have been mainstays of the group for several years before the "youth movement" brought in James' son Andrew and Detroit Institute of Music Education (DIME) students JC and Jed. New energy, new songs, and after August 11th, new fans!

Joshua Cooper:



Joshua started out as a student at Renaissance High School and a member of Westminster Presbyterian Church. He was providing the music for a scholarship awards banquet. At the time I was in search of a pianist for a praise and worship group at my own church. After watching his smooth, almost effortless style, and tasteful choices of improvisational notes and chords I ended my search. Joshua quickly became the pianist for our Praise Connection and won over the hearts and souls of the Trinity Community Presbyterian Church congregation. When the time came for Joshua to move on to The University of Michigan, the congregation was glad to see him go to his next station, but oh so sad to lose such a talented musician.

Details

Saturday, August 11, 2018

6:00 – 10:00 pm.

North Rosedale Park

18445 Scarsdale

Detroit, MI 48223

\$15 Admission / \$20 Admission + Food

Buy Tickets @ www.rock-pop-jazz-park.eventbrite.com

*A menu of light food & refreshments available
For event details call or email James Martin @
james@nrpca.org • 313-410-9224

The Rosedale Tattler



You are cordially invited to the
North Rosedale Park Civic Association's

Farm to Table

Steak Roast

Fundraiser Dinner

Friday, September 14, 2018
Doors @ 6 pm | Dinner @ 6:30 pm

The Community House
18445 Scarsdale, Detroit



**Tickets available at www.nrpca.org/steakroast?
OR contact Susan Steigerwalt at (313) 549-9523**

Dinner includes choice of steak, salmon, or vegetarian entree

*Special Thank
You To:*



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MIDNIGHT AT THE MASQUERADE

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MYSTERY, MAYHEM, AND MURDER!

DATE: SUNDAY TIME: 2:00 PM
9/30/2018

LOCATION: NRPCA COMMUNITY HOUSE

ADDRESS: 18445 SCARSDALE
DETROIT, MI 48223

TICKETS: \$25

BUY TICKETS ONLINE:
WWW.NRPCA.ORG/THEATRE

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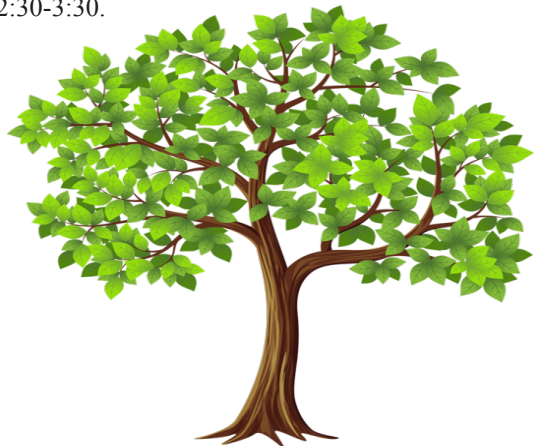
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The Rosedale Tattler

TREE TRIMMING GUIDELINES & RULES

Before you trim a city tree on the berm or island Residents who are planning to trim City trees on the berms or islands must call Arlene Kirby in the city's Forestry Dept. at 313-332-9115 to discuss their plans and obtain a FREE permit before proceeding with any work. There are rules and guidelines to be followed – please respect our City resources and our neighborhood!

Also important to know: Any branches, etc., must be tied up in bundles, in up to 4 foot lengths, for pick-up by Advanced Disposal. Material that is too large or not bundled will not be picked up and will receive a substantial ticket. Residents may also transport their branches, etc., to the Southfield Yard for disposal - 12255 Southfield Service Drive, M-Sat., 10:30 - 6, closed 2:30-3:30.



TREE REMOVAL

Priority is being given to fallen trees that are blocking streets or on top of homes and vehicles. The City's forestry crews will focus on trees that were rooted on city property or blocking streets and sidewalks.

How to determine if a tree is the city's property or private property:

If the fallen tree is located between the curb and the sidewalk of a home, it is the responsibility of the city and city crews will address them. To report a fallen tree on city property, residents should call 313-628-0900 or fill out a form posted on the city's website.



Sign Up
Today!

North Rosedale Park Teen Council

- Teens 9-12 grades
- Earn Community Service Volunteer Hours
- Take Trips
- Develop Leadership Skills
- Meet Other Local Teens & Community Leaders
- Make Decisions

Contact Kimberly Dorsey for details @ kimberly@nrpca.org . 313.595.2060

*Residency Not Required

Tree Removal cont.

If the tree is between the sidewalk and the house or in a backyard, it is on private property and is the responsibility of the homeowner, who should contact their insurance company or a private contractor. If the tree fell from private property but is blocking the street, residents should still call the city at 313-628-0900.

Additional information:

Downed Power Lines: If a fallen tree or limb has impacted a powerline, stay away and call DTE Energy's emergency line immediately at 1-800-477-4747

Removal of tree limbs: If homeowners have taken it upon themselves to cut up a fallen tree or limbs on their property, they should cut the debris into sections no longer than 48 inches and leave it at the curb for their next scheduled yard waste collection date.

<http://www.detroitmi.gov/How-Do-I/Request-a-Service/Tree-Services>

TREE PLANTING

As part of Mayor's Duggan's 10 point plan to improve the quality of life for the residents of the City of Detroit, the General Services Department is leading the way in planting 10,000 trees across the 7 Districts of the City. We need your help in reaching our goal of planting 1,500 trees this Spring! Just as you assisted us with the success of the Board Up Brigade, we are asking for your assistance once again, in identifying tree planting locations in your respective communities. We need you on our Tree Planting Brigade! What is 10,000 UP?

The 10,000 UP Tree Initiative will plant 10,000 residential trees in front of residential homes between the street and the sidewalk only. For 2018, the plantings will begin the first week of April and conclude in the month of June, for our Spring planting. We will begin planting in September and conclude in November for our Fall planting. All plantings will be conducted by a City of Detroit contractor. We will not utilize volunteers for this initiative.

What We Need From You?

We are asking that you contact your community members and ask them if they would like a tree planted between the sidewalk and the street in front of their home.

Provide us a list of names, addresses and phone numbers of the community members that have agreed to have a tree planted between the sidewalk and the street in front of their home.

Where Do You Send the Information?

You can forward your lists of names, addresses and phone numbers to Erica Hill, Manager of the 10,000 Up Tree Initiative at hilleri@detroitmi.gov or by calling 313-450-3011 or submit online below.

Request Street Tree@

<https://app.smartsheet.com/b/form/396efe007f9549b7af1d66b0fe992a62>

What Happens Next?

After you have provided us with the tree locations and the contact information of those community members requesting trees, we will contact them via phone or door knocker, to verify their agreement to receive the tree. Once they agree, we will then place them on the list for scheduling. We will then provide the schedule to the contractor and your community's trees will be planted within our Spring planting timeline. If we cannot accommodate the request within our Spring planting timeline, they will be added to the Fall schedule.

If you have any questions, please contact Erica Hill at hilleri@detroitmi.gov or by calling 313-450-3011.

COMMUNITY CLASSES & WORKSHOPS

Zumba Wednesdays; with Agatha Gordon "The Dancing Diva"
I love teaching Zumba classes. The reason is simple: Every class feels like a party! Come join me and you'll see what I mean. You don't even have to know how to dance. Just move your body and follow my lead. It's easy! Come try it, I guarantee you will have a blast! I can't wait to see you in class! Wednesdays 6 -7 pm \$7.00 Drop in Rate, 5 Class pass for \$30 or 10 Class pass for \$50



Hustle In The Park Tuesday Nights with Instructor Paulette Brown aka "Lady P"
Do you want to learn how to do "The Wobble", "The Biker's Shuffle" and many more hustles, old and new? Then Join Us! Let's Hustle into that desired health the fun way, one Wobble, Shuffle and a roll at a time.
Cost: \$5 Time: 5:30-6:45pm.

Walk for your best health with HEP "Walk In The Park Walking Group"



The program is design to fit most strength levels and physical conditions. All participants are encouraged to walk and modify all routines to their personal pace and strength. The NRP Community House is a Certified HEP (Healthy Environment Partnership), Walk Your Heart to Health (WYHH) center. Join us! Mondays, Wednesdays and Fridays 5:30-6:30pm. Cost: The Program is Free; Benefits are Priceless & the Investment Is Personal!

Martial Arts with Instructor Eugene Plowden "Elite Martial Arts Systems"

Impact Martial Arts will give you a firm foundation in martial arts training while you with exercise and an overall positive feeling for about yourself. While we can't give you the ability to become "super beings" in the purely physical sense, we will provide you with the means to handle very stressful and often threatening mental and physical situations with a smooth, clear and rational consciousness. Starting August 18th.
Please contact Instuctor for details of the class. 313673-5013



Monday "Sew Your Own" (SYO) Sewing Classes for ages 8 to100 plus! All are welcome. Students will have the opportunity to pick a SYO project to complete for the course. Each project must be selected per skill set and approved by the Instructor. Class Size 20, starting September 10th to October 15th 6:30- 8:30
Cost: 175.00 (The first ten students will receive 10% off)

For more information please contact NRPCA CH Program Department 313 - 971-3990, Community House Office 313-837-3416 North Rosedale Park Community House 18445 Scarsdale St. Detroit MI, 48223.

SisterFriends DETROIT

Mentor a pregnant mom to ensure she has a healthy pregnancy and baby.

Join the movement!
Help us in our fight against infant mortality!

To Volunteer
Call 313-961-BABY(2229)
www.sisterfriendsdetroit.com

For inquiries e-mail:
hallat@detroitmi.gov



Christ the King Catholic School

Now accepting new students in kindergarten through eighth grade
for the 2018-2019 school year!



At Christ the King Catholic School, we strive to love God, to serve our community,
and to pursue academic excellence in the name of Jesus Christ.



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- An education rooted in faith
- Classes taught by state-certified, dedicated teachers
- Small class sizes
- A safe learning environment
- Service learning opportunities
- Athletic and enrichment programs
- Financial assistance for those who qualify



For more information, please call 313-532-1213 or email schooloffice.ctk@gmail.com










Christ the King Catholic School
16800 Trinity Street
(Entrance located on Burt Road between McNichols and Grand River)
Detroit, Michigan 48219

www.christthekingschooldetroit.org

Celebrating 80 Years of Service to the Families of Northwest Detroit!

COMMUNITY EVENTS

July 29, 2018 - September 8, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 JULY	30 •Walk Group 5:30pm 	1 AUGUST •Hustle 5:30pm	2 •Walk Group 5:30pm •Zumba 6pm	3 •Farmers Market 4pm • Safety Meeting 6:30pm	3 •Walk Group 5:30pm	4
5	6 •Walk Group 5:30pm 	7 •Primary Election 7am 	8 •DPD 8th Precinct National Night Out 5pm	9 •Movie Night Captain Underpants 6pm •Farmers Market 4pm	10 •Walk Group 5:30pm	11 •Rock? Pop? Jazz? Park!!! 6pm
12	13 •Walk Group 5:30pm 	14 •Hustle 5:30pm •NRPCA Board Meeting 6:30pm	15 •Walk Group 5:30pm •Zumba 6pm •MSU Health & Nutrition 6:30	16 •Farmers Market 4pm	17 •Walk Group 5:30pm	18 •Grand River Roll @ Stoepal Park 9:30am •Impact Martial Arts
19	20 •Walk Group 5:30pm 	21 •Vacant Property Task Force @ ABD 10am •Hustle 5:30pm 	22 •Walk Group 5:30pm •Zumba 6pm •MSU Health & Nutrition 6:30pm	23 •Farmers Market 4pm	24 •Walk Group 5:30pm	25 •Impact Martial Arts 5:15pm
26	27 •Walk Group 5:30pm 	28 •Hustle 5:30pm	29 •Mobile Library 1pm •Walk Group 5:30pm •Zumba 6pm •MSU Health & Nutrition 6:30pm	30 •Farmers Market 4pm •Safety Meeting 6:30pm	31 •Walk Group 5:30pm	1 SEPTEMBER •Impact Martial Arts 5:15pm
2	3 LABOR DAY 	4 •Hustle 5:30pm 	5 •Walk Group 5:30pm •Zumba 6pm •MSU Health & Nutrition 6:30pm	6 •Farmers Market 4pm	7 •Walk Group 5:30pm	8 •Impact Martial Arts 5:15pm
9	10 •Walk Group 5:30p 	11 •Hustle 5:30pm	12 •Walk Group 5:30pm •Zumba 6pm •MSU Health & Nutrition 6:30pm	13 •Farmers Market 4pm	14 •Walk Group 5:30pm •Steak Roast 6pm	15 •Impact Martial Arts 5:15pm